



Minnesota Disability Support Alternatives

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Electronic Communication Authorization

The Health Insurance Portability and Accountability Act (HIPAA) was enacted by the U.S. government to protect your Personal Health Information (PHI). **Unencrypted email (standard email) and unencrypted text messaging (standard text messaging) does not protect your PHI or other data (Diagnoses, Social Security Number, Address, etc.).** Most email and text messaging are not encrypted, meaning that when you send, receive, or store information in your email or text messages it is not encrypted. A third party could intercept (hack) these emails and text communications and access your PHI and other data.

You have the right to choose how you access your PHI and other data. This means if you have been made aware of, and understand the risks, you can receive unencrypted email, text communications, and electronic documents that contain your PHI.

Email

I would like my emails sent (check only 1 box):

- Through standard email (unprotected).
- Through encrypted email (protected).

Text Messaging

I would like MNDSA employees to (check only 1 box):

- Text me (unprotected).
- Not text me.

Electronic Documents

I would like MNDSA employees to send my documents (check only 1 box):

- Using encryption (protected) and I understand if I download them, they are unprotected.
- Without encryption (unprotected).

Date: _____

Signature Consumer/Legal Guardian

Printed Name/Relationship to Consumer (if applicable)

This authorization is in effect until you tell us in writing to cancel it. If your email, text messaging number, or electronic document preferences change you must complete a new form.